



Office of the Vicar for Clergy

June 25, 2020

Dear Brothers,

To say the least, these last five months have been difficult for each of you. Your patience and hard work as you attend to the financial affairs of your parishes and the care of your parishioners has not gone unnoticed.

Having heard from a number of you, the care of your own spiritual lives may have taken a back seat to the good work that you have put forth in your communities. As one priest said, these days have opened the door to a form of spiritual atrophy.

Of course, it will be a pleasure for us to gather at the convocation in September. However, I invite you to take the opportunity to participate in a more immediate program for your wellbeing.

A free series, hosted by us via ZOOM and offered by St. John Vianney Center, on the **“Wellbeing of Clergy during Uncertain Times”** is offered over three weeks with each session lasting one hour. Sessions will be held at 1:00 PM on Wednesdays. The schedule is listed here:

Wednesday, July 8th: Session One: The Impact of Crisis on the Spiritual Life

Wednesday July 15th: Session Two: Guarding the Temple: Self-Care for Clergy

Wednesday July 22nd: Session Three: Promoting Hope: Your Journey to Wellness

It is my hope that you will take advantage of this time to reenergize yourselves. In order to register for this free series, please contact Alejandra Diaz at adiaz@sdcatholic.org. Alternatively, please complete the form below and send it to the Office of the Vicar for Clergy. We will send to you a ZOOM link before each session.

Please be assured of my prayers for you in these times.

Sincerely in the Lord,

Most Rev. John P. Dolan
Auxiliary Bishop of San Diego

_____ I wish to attend the **“Wellbeing of Clergy During Uncertain Times”** in July.

Name: _____ Phone: _____

Email: _____