

RESOURCES FOR IMMIGRANTS IMPACTED BY THE COVID-19 CRISIS

If you, or someone you know, is an immigrant living in the San Diego County area, the Office for Life, Peace, and Justice has gathered a list of resources to help those in need during this crisis. Service and benefits are available.

HEALTH SERVICES

USCIS encourages all those, including aliens, with symptoms that resemble Coronavirus 2019 (COVID-19) (fever, cough, shortness of breath) to seek necessary medical treatment or preventive services. Such treatment or preventive services will not negatively affect any alien as part of a future Public Charge analysis.

[Public Charge](#)
[Children Under 19 Health services](#)



FINANCIAL RESOURCES

The San Diego Immigrant Rights Consortium (SDIRC), a project of Alliance San Diego, has launched the SDIRC Immigrant Relief Fund to provide grants of up to \$500 to immigrants in San Diego County who have lost all or part of their income due to the coronavirus pandemic, along with other emergencies that may arise in the future.

[Relief Fund](#)

FOOD SERVICES

Catholic Charities created the EMERGENCY FOOD DISTRIBUTION NETWORK, "they are distributing food to those in need in a safe, effective, and reliable manner that complies with COVID-19 Social Distancing requirements."

[Request food](#)
[Free Lunch and Breakfast for children](#)



RENTERS RIGHTS & EVICTION ASSISTANCE

Reach out to your landlord to request a rent payment plan, rent suspension and/or temporary rent reduction due to COVID-19.

[CA-RENTERS](#)
[Eviction Rights for City Residents](#)

IMMIGRATION RIGHTS

It is critical that all immigrants know their rights at work and have the information and protection they need to ensure their health, safety, and wellbeing during this unprecedented time.

[Immigration Rights and COVID-19](#)
[Undocumented Employment Rights](#)



Additional Resources:

- [Informed Immigrant](#)
- [Immigrants Rising](#)
- [San Diego Resources during Outbreak](#)
- [Undocumented immigrants and families](#)
- [Catholic Charities Covid-19 Updates](#)

FOR MORE HELP PLEASE CONTACT DDemers@SDCatholic.org