



## Single and Raising Saints

Join us at one or all of our sessions designed to equip parish leaders and interested parishioners with information and tools to accompany families in their struggles. Each session will look at current sociological and psychological findings regarding the particular area. We hope to help families find God in their struggles, experience healing and live abundantly.



### Jo Holt

**Wednesday, April 22, 2020**

 **10:00 a.m. - 12:00 p.m.**

 **Pastoral Center**

**3888 Paducah Dr. San Diego, 92117**

 **6:30 - 8:30 p.m.**

 **Our Mother of Confidence**

**3131 Governor Dr. San Diego, 92122**

Joe Holt is currently the Director of Marriage & Family Life at St. Thomas More in the Archdiocese of Denver. She has also been featured on the *Busted Halo* show for publishing her book, *Single & Raising Saints*, which provides healing and support to single parents. While most of her time is dedicated to marriage and baptismal formation, Jo also leads family-life ministries, marriage strengthening programs, and leadership development in the diocese and parish community. Jo Holt is a wife of 20 years to her husband, Marty, and a mother of three teenagers.

"I thank God that many families, which are far from considering themselves perfect, live in love, fulfill their calling and keep moving forward, even if they fall many times along the way." - Pope Francis, AL, 57

**(858) 490-8299**

**SDCatholic.org/familylife**

**FB/IG @sdfamilylife**

 **RSVP to [nmendez@sdatholic.org](mailto:nmendez@sdatholic.org) Walk-ins welcome!**

 **Suggested donation: \$10**