



Welcome to all Foster Families, Kinship Families or those who want to serve a foster family!



IF YOU ARE A FOSTER FAMILY
WHO WOULD LIKE TO BE
CONNECTED TO A CARE
COMMUNITY OR IF YOU
WOULD LIKE TO SERVE A
FOSTER FAMILY, PLEASE
CONTACT
JANELLE PEREGOY AT
JPEREGOY@SDCATHOLIC.ORG

https://www.sdcatholic.org/officefor/family-life-andspirituality/healingpathways/foster-care-andadoption/

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## WOULD YOU LIKE TO SUPPORT FOSTER FAMILIES IN YOUR PARISH?





## **Testimony from a Foster Family:**

We have been so appreciative to have had a care community wrap around us during the last year. Our children have witnessed unconditional love from people who were once strangers. These people have become adults in their lives whom they know care deeply for all of us.

The care community has provided us with simple things, like Halloween goodie bags and cookie-making, to Christmas gifts and gingerbread decorating. They were there to walk alongside us during the big moments, like celebrating the adoption of our youngest. They have been listening ears and comfort when foster care throws a wild curve ball.

It always happens that the weekly dinner ends up being on the one night when everything feels like it's falling apart. But then the text arrives saying that dinner is on its way. It feels like the perfect God moment when you need it the most.

## CARE COMMUNITY

If you or your parish would like to support a Catholic foster family, a simple method is by forming a care community.

A care community is three or more families, individuals or couples who "wrap around" the foster family with emotional support such as check-ins and encouragement or tangible needs such as dinner drop-offs.

Depending on the unique needs of each foster family and the particular gifts and talents of the members of the care community, the structure and feel of each community may look different. Yet, all care communities are committed to serving their foster family and to reminding them that their Catholic community supports them in this fundamentally pro-life ministry!





## More Resources

Olive Crest's mission is to end the cycle of abuse by connecting loving families to those children who need safety, care and support. Their Safe Families for Children Program provides early intervention and helps keep children out of the foster care system.

https://www.olivecrest.org/san-diego/

Restoration 225 works with churches and volunteers to alleviate the foster care crisis in San Diego. They recruit and raise awareness of the needs of vulnerable children. They help foster and adoptive families by creating care communities to support and encourage them. https://www.restoration225.org/

The YMCA provides support to kinship caregivers, relatives who are raising the child of another family member. YMCA Kinship Support Services strengthen support systems by offering county-wide programs to help preserve the family unit and avoid the entry of children into the foster care system.

https://www.ymcasd.org/communitysupport/ymca-youth-and-familyservices/family-support-andpreservation/kinship-support-services